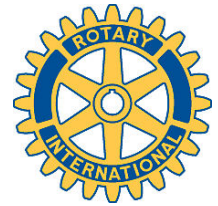




# THE AXLE

## Oswego Rotary's Weekly Newsletter



Founded March 29, 1927

**Service Above Self**

[www.oswegorotary.org](http://www.oswegorotary.org)

**Bill Crist, President**

**Shawn Seale, President Elect**

**Dr. David Granoff, Vice President**

**Marlene Brown, 7150 District Governor (E-Club)**

**Wilfrid J. Wilkinson, Rotary International President (Trenton, Ontario, Canada)**

**Paul Scott, Past President**

**Ann Seifried, Treasurer**

**Mark DuFore, Secretary**

**Paul Scott, Ass't. Governor, Area 10 (Oswego)**

**Youth Exchange Student: Willkommen! Doris Skiba, Bavaria, Germany -- hosted by the Cheseboro Family**

### Next Meeting

**When: January 29, 2008**

**Where: King Arthur's Steakhouse**

**Program: Melanie Trexler -- John Mosher (Novelis)**

### Today's Meeting Date: January 22, 2008

Welcome and Call to Order: 12:15 p.m.

Patriotic Song: America the Beautiful (led by Randy Zeigler)

The Pledge: Bill Crist

Invocation: Ken Hayes

Second Song: Sing Out A Song of Rot'ry (led by Randy Zeigler)

Current Club Membership: 43

### **Visiting Rotarians:**

George Reed (Oswego Sunrise Club)

### **Honorary Rotarians:**

Harrison Wilde

### **Guests:**

Karen Ferguson, David Welsch, Doris Skiba (our Exchange Student), and Sharon Morey (our Guest Speaker)

### **Birthdays:**

Henderson (Jan 11); Tesoriero (Jan 14); Fischer (Jan 29)

### **Anniversaries:**

Oakes (1979); Spencer (1982); Tesoriero (1984); Gorman (1989); Sheridan (1992); Granoff (2004); Fischer (2007); Santoro (2007)

### **Fines/Happy Dollars:**

Paul Heins and Stephen Wise collected several fines and happy dollars from our members today.

### **50-50 Raffle:**

Paul Heins (for the second week in a row) won \$5 in today's raffle but was unsuccessful in drawing the Ace of Spades, making next week's grand jackpot worth \$129.

### **Meeting Adjourned:**

1:15 p.m.

**We were pleased to see those of you who attended today's meeting:** Cora Brumley, Bill Crist, Joette Deane, Mark DuFore, John Fitzgibbons, Ken Hayes, Paul Heins, Joe Hutchinson, Sabine Ingerson, Tom Ingram, Deana Masuicca, Frank Sayer, Ann Seifried, Corte Spencer, Rick Tesoriero, Vern Tryon, Stephen Wise, Bob Wood, and Randy Zeigler.

**Reporting Make-Ups:** If you wish to use Meals on Wheels, a committee meeting, or participation in a Rotary event as a make-up for a missed meeting, please send an email to [Paul Scott](mailto:Paul Scott) with "Make-Up Notification" as the subject and list the missed date, make-up date, and type of make-up.

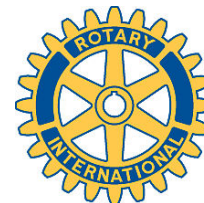
**Job Well Done Recognition Award:** None today

[Please note that when nominating an individual for a "Job Well Done" award, you should contact Chair [Shawn Seale](mailto:Shawn Seale) and inform him of the name of the individual being honored.]



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**Rotary Minute:** One of the many ways to support the Rotary Foundation is by including it in your estate plans. Arch C. Klumph, who conceived the idea of our Foundation in 1917, said it best: "We should look at the Foundation as being not something for today or tomorrow, but think of it in terms of the years and generations to come. Rotary is a movement for the centuries." Our investment in time, talent, and financial resources is an investment in making the world a safer and healthier place for our children and our grandchildren.

### **Calendar:**

Feb 16 Lady Lakers Hockey – Rotary and Rotaract Recognition (3:00 pm)  
May 29 Rotary Foundation Day  
Jun 26 Changing of the Guard – Wilf Wilkinson, RI President and Mike McGovern, RI VP Elect

### **Announcements:**

- ✦ Please note: For every Sustaining Member donation of \$100 that is matched by \$100 from the individual's club by April 30 of this year, District Governor Marlene Brown, District Foundation Chair PDG Jack Luchsinger, and the District Foundation Committee have pledged to match it with an additional \$100! These donations – earmarked for either the Annual Fund or the Polio Plus Fund – will go to the Rotary Foundation in that Rotarian's name, making such individuals Sustaining Members on their way to earning a Paul Harris Fellow.
- ✦ From District Governor Marlene Brown: The January Credo is up on the website for your viewing pleasure. You may read it by clicking on the URL that follows. <http://www.rotarydistrict7150.org/Credo.htm>
- ✦ Also from Marlene Brown: Membership Co-Chairs Bob Craig and Dennis Schonewetter are available to come into your club to help you increase your club membership and share news of our upcoming District Membership Celebration April 26th (with Rotary Zone keynoters Dan Mooers & Dave Benson). <http://www.rotarydistrict7150.org/Membership.htm>
- ✦ Doris Skiba (our Exchange Student from Germany) thanked the members of the Rotary Club for helping to finance her trip to Disney World this coming spring.
- ✦ Our club received a letter from Elizabeth Aloutt thanking us for her scholarship and bringing us up to date on her activities this past fall.
- ✦ Oswego County's Annual Regional Spelling Bee, which determines the individual who will compete from this region in the National Spelling Bee, will be held on Saturday, March 1, 2008, starting at 10:00 a.m. at the Oswego High School. Please contact Bruce Frassinelli for further details.
- ✦ The Literacy Volunteers Scrabble Tournament will be held on Friday, April 25, 2008, starting at 6:30 p.m. Please contact Bruce Frassinelli for further details.
- ✦ If you are interested in getting to know Doris Skiba better (our youth exchange student from Germany) and would like to invite her to lunch, dinner, your home, etc., you are encouraged to call her at 343-7683.

**Today's Program:** Mark DuFore introduced Sharon Morey, who competed in the Iron Man Triathlon in Kona, Hawaii this past October. Sharon first competed in a triathlon (a 2.4 mile swim followed by a 112 mile bike ride followed by a 26.2 mile marathon) 21 years ago at the age of 40. She qualified for October's triathlon approximately a year ago in Panama City, Florida. Over 1700 athletes from 50 countries (and from 48 U.S. states) competed in Hawaii. The day started for Sharon (as it did for all the athletes) at approximately 3:45 a.m., when she (and they) were "marked" for the competition. The event itself began at 7:00 a.m. with the swim. (All 1700 of the participants begin at the same time, so it's important to try to keep from swimming into each other, especially at the very beginning.) After finishing the swim, the athletes collect their biking gear (which they've gotten ready the day before) and start riding. Then, after completing the bike ride, they move on to the running portion of the event – the marathon. Sharon completed the triathlon in just over 14 hours, earning her fourth place in her age group. (Congratulations, Sharon!) Since it gets dark around 6:00 p.m. in Hawaii, she (and many of her co-competitors) finished in the dark. In response to a question from one of our members, Sharon noted that eating and drinking "correctly" during the race is extremely important and that it takes a great deal of planning prior to the event and discipline during the event to get it right. When asked why she participates in events such as this, Sharon said that she loves the training for the race and the experience of the race itself, plus she enjoys the challenge. We very much enjoyed your talk today, Sharon. Thanks!



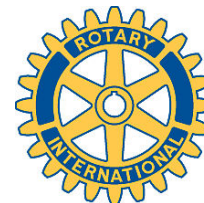
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### ASSIGNMENTS FOR MEALS ON WHEELS AND FRONT DESK/BANNER

#### St Luke's Meals on Wheels

#### Reminder for Meals on Wheels

#### Front Desk and Banner

		Yellow trays indicate diet meals, and white trays are regular. A list of clients is available at the site that tells you which meal the clients are to receive.		
<b>Jan 29</b>	<b>Sunrise Club</b>		<b>Jan 29</b>	<b>Gaines/Gorman</b>
<b>Feb 5</b>	<b>Sokolowski/Spencer</b>		<b>Feb 5</b>	<b>Gorman/Granoff</b>
<b>Feb 12</b>	<b>Spencer/Trexler</b>		<b>Feb 12</b>	<b>Granoff/Heins</b>
<b>Feb 19</b>	<b>Tesoriero</b>		<b>Feb 19</b>	<b>Ingerson/Ingram</b>
<b>Feb 26</b>	<b>Sunrise Club</b>		<b>Feb 26</b>	<b>Ingram/Murabito</b>
		We no longer accept money for meals. If a client tells you they need to cancel a meal, please inform the manager at the site.		

#### Oswego Rotary Board of Directors

Dir-08: Bruce Frassinelli    Dir-09: Joette Deane    Dir-10: John Fitzgibbons  
 Dir-08: Sabine Ingerson    Dir-09: Tony Henderson    Dir-10: Deana Masuicca  
 Dir-08: Vern Tryon    Dir-09: Melanie Trexler    Dir-10: Diane Dillon  
 Dir-08: Randy Zeigler

#### Oswego Rotary Foundation Board of Directors

Dir-08 Paul Scott    Dir-10 Shawn Seale    Dir-09 Bill Crist    Dir-09 Ann Seifried

#### Paul Harris Fellows (Active Members)

+ Benefactor \* Multiple PHF

Edward Caraccioli    Joseph Hutchinson    Paul Scott +    Richard Tesoriero \*  
 Joette Deane \*    H. Peter Kaulfuss    Ann Seifried    Melanie Trexler \*  
 Mark Dufore \*    Anthony Murabito \*    Selma Sheridan    Vernon Tryon \*  
 Bruce Frassinelli \*+    Victor Oakes \*    Richard Shineman +\*    Robert Wood \*  
 Philip Gaines    Frank Sayer \*+    Corte Spencer \*  
 Paul Heins

#### Rotary Foundation Sustaining Members as of March 31, 2007

William Crist    Sabine Ingerson    Victor Oakes    Selma Sheridan    Vernon Tryon  
 Mark Dufore    Thomas Ingram    Frank Sayer    Richard Shineman    Robert Wood  
 Sherwood Dunham    Anthony Murabito    Paul Scott    Melanie Trexler    Randy Zeigler  
 Bruce Frassinelli    David Granoff    Ann Seifried

#### Rotary Foundation Sustaining Member:

An individual who personally contributes \$100 or more each year to the Annual Programs Fund. Contributions are cumulative throughout the Rotary year and donors receive a Sustaining Member badge sticker from the club. Contributions count toward Paul Harris Fellow. Our club will donate an additional \$50 for each individual who personally contributes \$50 or more each year to the Annual Programs Fund.

#### Honorary Members of the Rotary Club: 2007-2008

> Sustaining Member \*Multiple PHF

Ram Chaudhari    Sherwood Dunham >    Willard Schum (PHF)  
 Fred Crisafulli (PHF)    Ruth Sayer (PHF)    Harrison Wilde



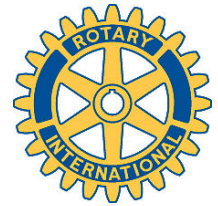
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### 2007-2008 PROGRAMS

Date	Rotarian	Program
01/22/08	Mark DuFore	Sharon Morey – Iron Man Triathlon in Hawaii
01/29/08	Melanie Trexler	John Mosher – Novelis
02/05/08	Melanie Trexler	Merc Neiss – Marine Museum
02/12/08	Bill Crist	Scott Jackson – NYS Forest Ranger
02/19/08	<i>Tentative</i>	<i>Bruce Altschuler (New York Politics – The Presidential Primary Results)</i>
02/26/08	Bill Crist	Eric Nilsson – Oswego Industry (Enriching Lives Through Music)
03/04/08		
03/11/08		
03/18/08		
03/25/08		
04/01/08		
04/08/08		
04/15/08		
04/22/08		
04/29/08		
05/06/08		
05/13/08		
05/20/08		
05/27/08		
06/03/08		
06/10/08		